



NEXT-DAY CUT-OFF TIME

Due to the increasing volume of our daily shipments, we have had to make a change in our cut-off time for next-day deliveries.

Effective immediately, only orders received by **1:00 p.m.** will be delivered on the next business day. We encourage you to get your orders in to us by phone or fax your order to **1-866-CTURNER** in the morning to ensure a speedy delivery.

We thank you in advance for your cooperation.

RETURN POLICY

All items needing to come back to *C. Turner Medical Ltd.*, must have an authorization number. You'll need to obtain this number by calling our office before you return the item. You must also do this with custom braces that need to be repaired.

Products that are being returned for manufacturer's defect and/or exchanged for a different size will need to be received by us first before a replacement can be issued.

Thank you for your cooperation with this matter.

925 Main St. E., #8
Milton, ON L9T 4H8

1-800-661-5329
Tel: (905) 876-0873
Fax (905) 876-2958

www.cturnermedical.ca



SupportLine

SPRING 2009



CORFLEX...New Product Additions



Corflex has added the following exciting new products to their quality line of orthopaedic rehabilitation products.

ALL PURPOSE BOOT features a square toe design for optimal comfort with rocker bottom to promote natural gait and help

reduce plantar pressure.

ORTHOWEDGE & HEEL WEDGE SHOES are ideal for post-op use or following trauma of the footbed or for the treatment of ulcers/infections to help promote healing.

TARGET PADDED ELBOW WRAP features a memory foam pad that contours to the elbow for optimal protection. Ideal for treatment of elbow injuries, tendonitis, bursitis, arthritis or as athletic protection.



LACEUP ANKLE W. STABILIZING STRAP is indicated for chronic ankle instability, sprains or strains and protection against inversion or eversion ankle injuries. It features a lace-up design with figure-8 support straps and an elastic ankle strap to insure maximum support and stability.

UNIVERSAL KNEE WRAP W. DYNAMIC BUTTRESS is made from latex-free soft loop neoprene and features a soft neoprene buttress for optimal patient comfort and pull tabs for dynamic control of the patella.

Contact your sales representative today to see one of these new products from *Corflex!*

Pressure Reduction Insole from Corflex

Ideal for post-surgical care, pain management and wound care for diabetic ulcers, the Pressure Reduction Insole from Corflex features pegs that can easily be removed to reduce pressure. A simple-to-use marking tube that allows you to mark the area of pressure reduction to ensure proper peg removal is included. This Insole fits easily into Walkers and Post-Op shoes for optimal shock absorption and moldability.



Ask your Sales Representative today to have a look at this new product from Corflex.

Boost your Energy this Spring

It's 3 p.m. and you're only halfway through your to-do list but until you get a caffeine fix all you can think about is a nap. Instead of fueling up on coffee, try these healthy and energy-boosting tips.

CLOCK MORE Z's

Head to bed a half-hour earlier for the next few nights, then add another half-hour for a few nights. Continue adding to your sleep until you can wake up without an alarm clock feeling refreshed.

EAT MORE OFTEN

Aim to eat every three to four hours. Keep high-energy snacks, such as nuts or dried fresh fruit at your desk so you can munch on something to prevent afternoon tiredness.

STAY HYDRATED

Lack of fluids is a major cause of fatigue since they transport nutrients and oxygen to our cells and organs. Ditch sodas and coffee and keep a glass or bottle of water at your desk.

EAT BREAKFAST

Your body can't shift into full gear when it hasn't had any fuel. A healthy breakfast helps keep blood sugar levels balanced. Fruit, cereal or a bran muffin will help you get through this week's mornings.

BREATHE DEEPLY

Concentrate on deep breathing a few times a day. Eventually it will be automatic and you'll notice a big difference in your energy level.

Spotlight on BRACESOX

As most of our custom brace clients know, *C. Turner Medical Ltd.* has always recommended the **Bracesox** Undersleeve to help your patients adjust to wearing their custom brace. It is designed to ease discomfort caused by rubbing, chafing or moisture buildup and does a great job at reducing brace migration.

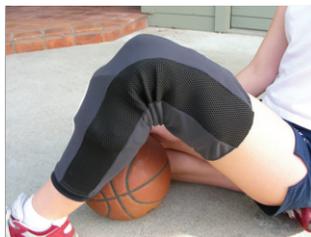
Bracesox now offers an Oversleeve which is

Brand New from epX

We are pleased to introduce the new **epX Wrist Control**, a wrist support which is designed to provide optimal support without sacrificing comfort.

The **epX Wrist Control's** anatomically correct fit provides excellent wearing comfort while allowing the fingers unlimited mobility. With its easily adaptable configuration, the **epX Wrist Control** stabilizes the palmar and dorsal areas of the wrist.

Please call the office for more information today!



designed for compliance during sporting events for brace protection. Most officials require the use of an oversleeve for those players wearing a rigid knee brace and this lightweight and breathable one is ideal. It features padding at the hinge area and 4-way stretch cotton/lycra panels.

One size fits all, so stock up on the **Bracesox** Oversleeve and be prepared for the spring and summer sporting season!

For more information, please contact your Sales Representative or the office for detailed literature.



"Does a paper cut from a Sports Illustrated issue count as a sports related injury?"

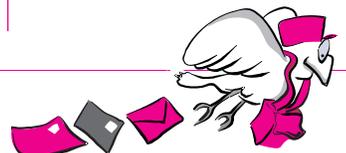
TRIVIA QUIZ?

Put your knowledge of the products we carry to the test. Please fax your entries to **(905) 876-2958** by June 15th. A winner will be drawn from all correct entries. *Hint - All answers can be found in this issue of SupportLine.*

1. Which areas of the wrist does the new **epX Wrist Control** stabilize?
2. What does the rocker bottom on the new **All Purpose Boot** from **Corflex** help promote?
3. What is the **Bracesox** undersleeve designed to do?
4. What do most officials require for players wearing a rigid knee brace?
5. Which of the following products is not a new addition to the **Corflex** line?

- a) **All Purpose Boot**
- b) **Orthowedge Healing Shoe**
- c) **Mouthguard**
- d) **Target Padded Elbow Wrap**
- e) **Ankle Support with strap**

SEND US YOUR COMMENTS...



SupportLine is a newsletter designed to keep our customers informed and updated on the products that *C. Turner Medical Ltd.* distributes. Your comments and feedback are always welcome. If there is anything that you would like to read about in future issues of **SupportLine**, or if you'd just like to tell us how we are doing, please send us your comments:

C. Turner Medical Ltd.
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